

St. David's FOUNDATION

St. David's Dental Program

Free dental care for Central Texas school children



What is St. David's Dental Program?

St. David's Dental Program provides FREE dental care to Central Texas school children and adults at local safety-net clinics. Our services are 100% FREE, and do NOT affect your child's eligibility for Medicaid or other insurance programs.

Our Board Certified dentists give high-quality care on our mobile dental clinics, which travel to local schools and clinics. Our mobile dental clinics treat the children at their school, so they don't have to miss class.

What services are provided?

St. David's Dental Program provides routine and emergency dental treatment by Board Certified dentists on our mobile dental clinics.

Dental services we provide:	Dental services we DO NOT provide:
Fillings	Dentures/partial work
X-rays	Bridges
Sealants	Crowns
Some root canals	Orthodontics (braces)
General extractions	Periodontal surgery
Emergency care	Wisdom teeth extractions
Cleanings	

For information on when the St. David's Dental Program will serve your child's school, please call (512) 879-6231.

www.stdavidsfoundation.org

Tips for Healthy Smiles

Check the label

Start reading labels of the foods you buy and reduce or limit the amount of sugar you and your child consume.

Fruit juices have hidden sugar

Dilute juices with water and/or limit the portion size to no more than two small cups a day.

Brush your teeth

Ensure your child brushes every surface of every tooth in a circular motion. Change your toothbrush at least every three months or after you have been sick.

See a dentist

Take your child to the dentist for regular check-ups and ask them how you can ensure your child does not form cavities.

Snack Smart

Limit the amount of sugary snacks and beverages your child consumes. Replace them with fresh fruits and vegetables.



WHOAI foods:	GO! foods:
cookies	fresh fruit
sodas	vegetable slices
sports drinks	low-fat cheese
candy	whole grain cereals
sweet cereal	diluted fruit juice
ice cream	
artificial fruit juices	